

MARTIAL ARTS TIMES

December 2013

Quest Martial Arts
75 Railroad Street, Putnam, CT 06260

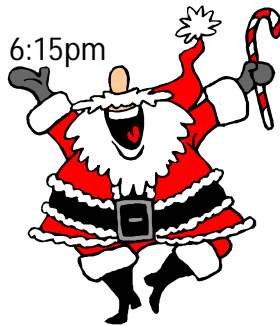
860-928-9218

www.questmartialarts.us

Happy Holidays

December Dates:

- 4th: BBC Self Defense Review 6:20pm
- 6th & 7th: Food Bank Fundraiser! Get 20 minutes with an instructor with a donation for the local Food Bank.
- 7th: Black Belt Spring Pre-Test 11:00am
Regular classes today. NO BBC
- 11th: BBC Forms Review 6:20pm
- 13th: Black Belt Graduation Practice 6:15pm
No BBC tonight.
- 14th: BBC MMA 11:00am
- 14th: Black Belt Graduation 1:00pm
Everyone Welcome!!
- 17th: Leadership Meeting 7:00pm
- 18th: BBC Point Sparring 6:20pm
- 19th: SWAT Meeting 4:45pm
- 20th: GUP/Junior Black Belt Graduation 6:30pm
- 21st: Cory Lutkus Seminar 10:00am – Noon
See Newsletter for more information
No Regular classes or BBC today.
- 23rd – 26th: Karate is Closed for the Christmas Holiday.
MERRY CHRISTMAS!!
Classes resume on the 27th.
- 27th: Karate Open!! Regular Classes Tonight
- 28th: BBC Karate Workout/MMA 11:00am
- 31st – January 1st: Karate Closed for New Year's Holiday
Classes resume on January 2nd.



Save The Date!!!

January 21st, 2014

Grandmaster Penny Mitchell Will be Conducting a Seminar for Advanced Teens and Adults. More details to follow. Don't miss this chance to train with her!!

Grandmaster Mitchell, 8th Dan, is the President of the American Tang Soo Do Association & the United Tang Soo Do Congress. This position was passed to her upon the passing of Grandmaster Byrne in 2012. As such, she oversees 43 schools across the US and in Canada, Wales and Holland. With 35 years as a consistent Tang Soo Do student, instructor and leader, she is one of the highest ranking women in Tang Soo Do in the country.

She began training in 1978 under Grandmaster Richard Byrne and has been teaching Tang Soo Do since 1981, shortly after receiving Cho Dan (first degree black belt). Since then she has promoted over 300 students to the rank of Cho Dan, 10 of who have achieved the rank of Master. Currently, she owns and teaches at two Byrne's Tang Soo Do Karate Studios, located in North Reading and Malden, Massachusetts.

A former top tournament champion, she has accumulated more trophies and awards than any other black belt, male or female, in the 40 year history of the ATA. She has also studied and achieved the rank of Master in the Korean Sword Art, Haidong Gumdo.

Kwan Jang Nim Mitchell is also the co-author of the book "This Is Tang Soo Do" with Grandmaster Richard Byrne.



International Weapons Champion

Cory Lutkus

Will be conducting a Bo Seminar on Saturday, December 21st 10am-12pm
Sign up in the Do Jang!
The Cost is \$20 per Person
Check out some of his amazing videos On YouTube!!



Student of the Month

Dragon: Vincent Adonizic
Child: Linsey Arends
Teen: Dheric Seney
Adult: Leonard Lafleur



Save the Date!!!

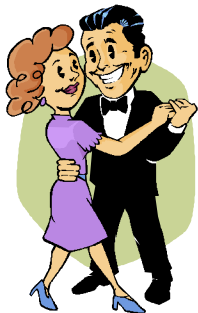
The Annual Banquet is
Coming!!!

February 1, 2014

All 2013 martial arts students who
come will receive an award!

This is a great time to meet and socialize
with other karate parents, dress up, dance,
eat, and have a great time!

Tickets will be on sale in December.
Payment options include cash and check. If
you pay by credit card, there is a \$5
processing fee. (Does not apply to Debit
Cards.) Adults – \$30, children - \$20 per
ticket. Includes full meal, tax and tip.



Need Ideas For Christmas?

Check out our selection of T-shirts, Jackets,
Hats and Sweatshirts!

Private Lessons also make a great gift!!
Gift Certificates also available!

Ask one of the Masters
for even more great ideas!



What's Going On!!!

Kick of the Month – Cik Chaki - Ax Kick

December is workout
month for teens and adults!!!

We are collecting new unwrapped toys for a
few more weeks.

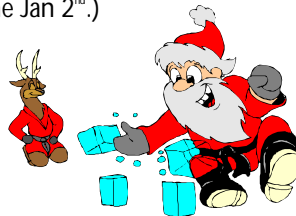
Our theme for December is
"Giving and Receiving"

Remember to download your curriculum
sheets from our website!!
questmartialarts.us

Upcoming Dates!!

Karate is CLOSED December 24th – 26th
for Christmas. (Classes resume on the 27th) and
CLOSED Dec 31st and Jan 1st for New
Year's. (Classes resume Jan 2nd.)

School Tournament
coming March 1 !!



BBC NEWS!!

SWAT Meeting – December 19 @ 4:45pm

Leadership Meeting – December 17 @
7:00pm

Tournament Team Kick Off is Saturday,
January 4, 2014. Sign up in the Do Jang if
you're interested in competing!!

Please Welcome Our Newest BBC
Members!!!
Jack Adase
Spencer Hall
Jai Abrams

October Graduates

Tiger Belt

Gabe Bourget
Tessa Sheldon

Orange Tiger

Diezel LaPierre

Orange Dragon

Alec Nunes

Quentin Paterson

Thatcher Paterson

Blue Dragon

Evelyn Young

Yellow

Joshua Bonin

Mateusz Chojnicki

Grace Colangelo

Alec Rawson

Isabella Selmecki

Isabel Vergoni

Autumn Taylor

Child Blue

Ian Stone

Sadie Bergeron

Blue/Green

Emma Rainville

Green/White

Arianna Garnsey

Connor Dunkley

Green/Black

Connor Taylor

Red/White

Seth Dootson

Red Black

Coby Babbitt

Adult Orange

Joe Andujar

Paul Boisvert

Zoe Manfredi

Korenza Manfredi

Gary Powell

April Ullrich

2 Stripe Blue

Laura Graves

1 Stripe Blue

Hayley Cutler

Logan Donohue

Colby Johndrow

Frederick Ullrich

3 Stripe Green

Cameron Driscoll

Kevin Filchak

Yves Geyer

Happy December Birthday!!

Annie Griffin

Sophie Griffin

Gavin Rickaby

Autumn Taylor

Christine Castonguay

Thatcher Wood

Jacob Lidonde

Paul Boisvert

Arielle Kippax

Cameron Driscoll

Master Duethorn

Adam Sekula

Ariel Danburg