

MARTIAL ARTS TIMES

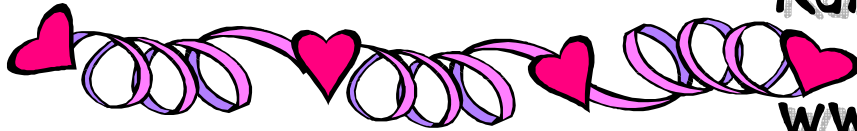
February 2015

QUEST MARTIAL ARTS

Railroad Street, Putnam, CT

860-928-9218

www.questmartialarts.us



February Dates:

Feb. 4th – BBC MMA 6:20pm
Adv. Students only

Feb 6th – BBC Bo Forms 6:15pm

Feb 7th Karate Banquet 5:30 pm
- NO KARATE

Feb 10th – Leadership Meeting 7:00pm

Feb 11th – BBC MMA 6:20pm

Feb. 13th – BBC Self Def. Review 6:15pm

Feb. 14th – Tournament Team 11:00am

Feb 18th BBC Forms Review 6:20pm

Feb. 19th SWAT/STORM 4:45pm

Feb. 20th – BBC Forms Instruction
Beginner Forms 6:15pm

Feb. 21 - Review I By Invitation 11:00
No BBC

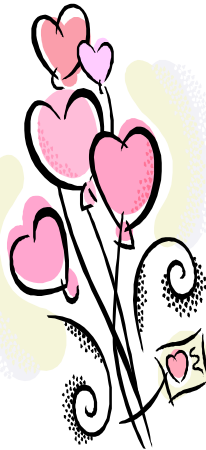
Feb 23rd- 25th – Stripe Evaluations

Feb 25th Final Make-up for Stripe Evaluations 6:20pm

Feb 27th – GUP Graduation 6:30pm

Feb 28th – Tournament Team 11:00am

Mar. 7th - School Tournament NO CLASSES



Referral Program

We would like to thank you for your continued support and training at our school. It has been students like you that make our school such an amazing place for martial arts training.

This realization has prompted our enrolling more students in our latest campaign called

“Everybody Wins.”

As your instructors, we know that quality student leads come from quality students like you. If you have a friend, coworker or family member you think would benefit from martial arts training, please bring them to class on one of our monthly “buddy days”. Discount cards are available at the front desk for trail program.

As a fun incentive, we have rewards for all students who participate in the “Everybody Wins” campaign. Listed below are the great things you can win if the students you refer sign up for classes (a 12 month membership).

First Person - \$25.00

Second Person - \$35.00

Third Person - \$50.00

Our Annual School Tournament

will be held on

March 7th

At Hyde School

Start time 9:00am

Come and compete in Forms, Weapons, Sparring
and Swords and Shields!

Deadline to Enter: Feb 26th

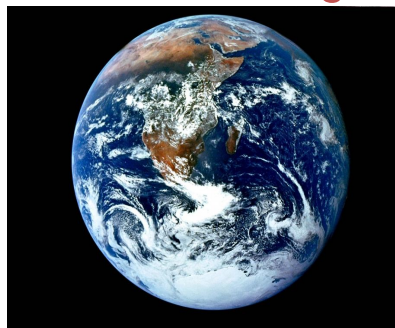
The Tang Soo Do Masters Alliance Presents

Fight For A Cause

The 2015 Men's and Women's Best of the Best Sparring Invitational Championships

Competitors will spar for the non-profit charity of their choice with all proceeds going to the winner's charity of choice!

Be the Change!!



When: February 21st 2015

Time: 5pm-9pm

Where: The Charland Institute of Karate & Fitness

Apprentice Black Belt & Up

Age 16 & up

\$20 tournament Fee \$5 Spectator Fee

Look for the flyers and applications in the tournament book by the announcement board.

Student of the Month

Dragon: Blake Abdullovski

Child: Arianna Garnsey

Teen: Tyler Hopkins



HAPPY FEBRUARY BIRTHDAY!!

Javier Alvarez, Sadie Bergeron, Michael Davis, Ethan Ekman, Ela Gadoury, Arianna Garnsey, Julia Gilloran, Xavier Lafleur, Joshua Salop, Lydia Smith, Conor Stewart, Maxwell Underwood

"When you look good, you feel good. When you feel good, you do good."

Uniform- The dobok must be Clean, unstained and wrinkle free, a sloppy or wrinkly uniform is disrespect to yourself, your uniform, your instructor, and your dojang.

Belt - Your belt must be tied correctly (there is a video on the website), stripes are worn on the left side of the belt.

Keep your belt tied tightly. To do this properly, from wherever you're standing, turn around (face towards the back) and fix your *dobok* at the same time.. Be sure to do this only when there's a normal break during the instruction. Once you're finished, quickly turn around to face forward. *Pants should be the correct length. Pants that are too long are unsafe.*

Patches - patches need to be sewn on correctly. (The Korean flag is red side up).

Congratulations!!

Kaulman Lengyel

Firefighter of the year- Pomfret

Lee Gendron

Eagle scout promotion

Great Job!!!

December Graduates

Orange Dragon

Nathan Adams
Cooper Ducat
Lillian Frechette

Blue Dragon

Drake Abdullovski
Jake Jaworski
Xavier Lafleur
Rowan Lehmann
Carter Mydlarz

Red Dragon

Aidan Tyler

Yellow

Bella Ducat
Madelyn Frechette
Noelle Sallum
Colton Sallum

Orange

Landen Reschke
Keanu Sirimongkhoun
Ashton Sirimongkhoun

Blue White

Bella Anderen
Hunter Larson
Clayton Lehmann
Kathryn McArthur

Blue

Anthony Buchner

Blue Green

Isabella Selmecki

Blue Black

Alishia Thompson

Green Black

Seth Dunton
Kyle Pazienza
Tucker Trahan

Red

Conor Stewart
Red Black
Zachary Rainville

Jr. Apprentice

Linsey Arends
Nicholas Boligan
Emma Brock
Mathew Card
Ethan Ekman
Jeffery Gibbs
Zachary Willard

8 GUP Blue

Derek May
Sarrah Bernier

5 GUP Green

Chris Desmond
Doug Ryan

4 GUP Green

Michael Johnson
Troy Davis

3 GUP Red

Madison Hopkins
Michael McKeon
Anne Dilko

2 GUP Red

Zach Davis
Lydia Smith

1 GUP Red

Spencer Hall

Adult Apprentice Black

Alexis Elkinson
Emma Willard