

# Martial Arts Times

MARCH 2012

## March Dates

2<sup>nd</sup> - Friday: March GUP Graduation 6:30pm

3<sup>rd</sup> - Saturday: No Classes

## *New England Tang Soo Do Championships*

7<sup>th</sup> - Wednesday: BBC Forms Review 6:20pm

9<sup>th</sup> - Friday: BBC Buddy Day! (Bring a Friend)

Padded Weapon Sparring 6:15pm -sign up!

10<sup>th</sup> - Saturday: Tournament Prep 11:00am

14<sup>th</sup> - Wednesday: BBC Self Defense Review 6:20pm

16<sup>th</sup> - Friday: BBC Point Sparring 6:15pm

17<sup>th</sup> - Saturday: Tournament Prep 11:00am

21<sup>st</sup> - Wednesday: Tournament Point Sparring 6:20pm

23<sup>rd</sup> - Friday: Regular Class- No BBC

## **2012 Tang Soo Do World Championship (Master Byrnes)**

24<sup>th</sup> - Saturday: No BBC Classes

## **2012 Tang Soo Do World Championship (Master Byrnes)**

28<sup>th</sup> - Wednesday: BBC Grappling Techniques 6:20pm

30<sup>th</sup> - Friday: GUP Graduation 6:30pm

No BBC Tonight

31<sup>st</sup> - Black Belt Testing Review II 11:00am

No BBC Today

Stripe Testing will start on March 26-29<sup>th</sup>.

**THEME: Good Sportsmanship**



## *Student of the Month*

**Adult:** Christine Castonguay

**Teen:** Rylah Gould

**Child:** Rachel Salop

**Dragon:** Zachary Farese

## ANNUAL SCHOOL TOURNAMENT

### APRIL 7, 2012

### Hyde School in Woodstock

Never been to a tournament? Our school tournament is a great place to start! It will prepare you mentally for larger tournaments. Family and friends are welcome to come as well! All Tigers, Dragons, and Beginner Belt children will receive a medal. The Tigers and Dragons will be able to compete in Swords and Shields. Beginner Children will be able to compete in forms and swords and shields. Green-White belts may also participate in Swords and Shields. Green-Apprentice Belts- kids, teens, and adults, may compete in forms, sparring, and weapons. Beginner Adults can participate in forms and swords and shields. All Red Belts (including kids), Black Belts, Apprentice Black, and Junior Black Belts will also be able to participate in board breaking.

New York Life Insurance will be at the tournament for the **Child ID Program**. This is free for everyone-bring a friend! The child will be finger-printed and a digital photo will be taken and put on a card. You will need to fill out a slip with the child's basic information. The cards are strictly for the parents to keep in their wallets, pockets books, etc. The information given to the program will not be put into a database and New York Life Insurance does not keep any information on the child.

## SAVE THE DATE!

**January  
Graduation 2012**

**Tiger**

Mason Benoit

**Orange Tiger**

Joshua Salop

**Blue Tiger**

Tucker Trahan

**Orange Dragon**

Cameron Seiffert

**Blue Dragon**

Mason Riquier

Talan Walker

**Red Dragon**

David Bunning

Alyson Bunning

Max Larkin

Aidan Babbitt

**Black Dragon**

Isabel Alvarez

**Child Orange**

Joseph Kidd

Timothy Brunnett

Matthew Brunnett

Abaynesh May

Kora Peterson

**Child Blue**

Ellie Morissette

Linsey Arends

Alexis Elkinson

**Blue-Green**

Jason Challinor

Blake Shippee

Cedric Bilica

Claire Anderson

Michael Bilica

Lydia Smith

**Green-White**

Hans Rhynhart

Madison Hopkins

Zachary Willard

Zachary Paige

**Child Green**

Coby Babbitt

Hayley Kuhn

**Green-Red**

Riley Chapuis

Brendan Chapuis

**Green-Black**

Keenan LaMontagne

**Red-White**

Gavin Rickaby

**Child Red**

Ali Wesler

Kylie Blanchard

**Adult Orange**

Jean Chappell

Cotey Drake

**2 Stripe Blue Belt**

Christine Dylewicz

Kim Nocera

**1 Stripe Blue Belt**

Zacharias Taranto

**3 Stripe Green Belt**

Greg Bojarski

Rylah Gould

Jeremy Bourgeois

Noah Mailloux

**GREAT JOB**

**EVERYONE**



Brian Johnson

Grappling Seminar

April 24, 2012

Brian Johnson is a second degree black belt in Machado Jiu-Jitsu under David Meyer and John Will.

He has over 25 years of Martial Arts experience. This seminar is open to everyone!

**No experience necessary!**

**UNIFORM SALE!**  
**20% off all uniforms for the month of March! See the front desk to place an order.**

**Happy March Birthdays:**

|                 |                 |                  |
|-----------------|-----------------|------------------|
| Adam Auger      | Asa Basinet     | Adam Dimillio    |
| Alexis Elkinson | Scott Fields    | Rylah Gould      |
| Nora Guskowski  | Max/Jack Larkin | Ty Nilo          |
| Bec LaRochelle  | Zu En Seow      | Danny Raheb      |
| Kora Peterson   | Dominic Sheldon | Brooke Truesdale |

**Upcoming Tournaments**

March 3, 2012 Westbrook, CT

N. E. Tang Soo Do Championships - (Master Voelker)

March 23-24, 2012 Boston, Mass

2012 Tang Soo Do World Championship (Master Byrnes)

April 7, 2012 Woodstock, CT

Annual School Tournament - (Master Bogdanski + Master Duethorn)

April 14, 2012 Lancaster, OH

12<sup>th</sup> World Dang Soo Do Union Championships

June 29-30, 2012 Norfolk, VA

USGTSDA Nationals-Virginia Beach, VA.

Thank you to everyone who attended our annual school banquet! We had a great turnout! Special Congratulations to the following students:

**Instructor of the Year:** Judy Cote

**Adult of the Year:** Kristen Finnemore

**Junior Black Belt of the Year:** Nora Guskowski

**Teen of the Year:** Dheric Seney

**DELTA of the Year:** Kaulman Lengyel

**SWAT of the Year:** Alexander Boligan

**Black Belt Review II** will be on March 31<sup>st</sup> at 11:00am. We ask that all testing candidates be here at 10:30 to warm-up and stretch out. Please be sure to bring a light snack and water! You should be attending the reviews on Wednesdays and Fridays to help prepare yourself.

**Stripe Testing** will begin on March 26- 29<sup>th</sup>.

The GUP Graduation is on March 30<sup>th</sup>. Invite your friends and family to share this wonderful experience!

**Interested in participating tournaments?** Join our Tournament Team today! We have special Tournament Prep classes so you can get extra attention and details on forms, sparring, and weapons! Even if you aren't interested in tournaments, it's a good class to take for the details to help you during class. Sign up in the dojang!

**Chicken Cordon Bleu Dinner**

to benefit The American Cancer Society on March 24<sup>th</sup> at Pomfret Community School.

*In Memory of Black Belt Laurie Champany.*

Silent auction at 5:30pm, dinner starts at 6pm. See Ms. LaRochelle for tickets.

