

# Martial Arts Times

## September 2012

### QUEST MARTIAL ARTS

75 Railroad Street

Putnam, CT 06260

860-928-9218

[www.questmartialarts.us](http://www.questmartialarts.us)

#### Fall Schedule

The fall schedule will start on Monday September 10<sup>th</sup>. The first Saturday Class of the season will be on September 15<sup>th</sup>.

September's theme is School and Street Smart Self

Defense Month!

#### Students of the Month

##### Adult:

Carl Andersen

##### Teen:

Cole Andersen

##### Child:

Francesca Pezza

##### Dragon:

Sawyer Britt

*From now on, the Saturday after graduation will be*

*Super-Fun Saturdays! Buddies welcome!*

We will be hosting a FREE self defense clinic on Saturday September 15, 2012 at 12:00pm. We ask that participants bring in an item for the local food bank. This clinic is for kids ages 7 and up. There is a limited space, so call ahead to reserve your spot!

FREE gift to all who participate!

### September Dates

3<sup>rd</sup>: Karate Closed!

5<sup>th</sup>: BBC Demo Team Practice 6:20pm

7<sup>th</sup>: BBC Forms Review 6:15pm

8<sup>th</sup>: Putnam Family Day Demo 5:00pm

10<sup>th</sup>: Fall Schedule Starts

12<sup>th</sup>: BBC Sparring Class 6:20pm

14<sup>th</sup>: BBC Beginner Bo Class 6:15pm  
Circle of Fun Demo at St. Mary's 5:30pm

15<sup>th</sup>: First Saturday Class of the Fall

**MASTER SGRO VISIT- 10:00-11:30am**

see back for details

Karate Open House Self Defense Clinic 12-1:00pm

18<sup>th</sup>: Leadership Meeting 8:00pm

19<sup>th</sup>: BBC Demo Team Practice 6:20pm

21<sup>st</sup>: BBC Self Defense Review 6:15pm

22<sup>nd</sup>: Positively Pomfret Demo 1:00pm

25<sup>th</sup>: Black Belt Super Class 7:00pm  
See back for details! (note schedule change)

26<sup>th</sup>: BBC Sparring Class 6:20pm

28<sup>th</sup>: GUP Graduation 6:30pm (No BBC)

29<sup>th</sup>: Super Fun Saturday! Bring a Buddy

# Street Smart Self Defense Month

## July Belt Promotion 2012

### Orange Tiger

Jack Larkin  
Sawyer Britt

### Blue Tiger

Mason Benoit

### Orange Dragon

Tucker Trahan

### Red Dragon

Talan Walker

### American Dragon

Ethan Benoit

### Black Dragon

Kyle Paziienza  
David Bunning

### Orange

Matthew Card  
Alyson Bunning  
Zachary Farese

### Blue

AbayneshMay  
Francesca Pezza

### Blue-Green

Keira Giles  
Troy Davis

### Green-White

Connor Taylor

### Child Green

Ethan Ekman  
Joseph Monk  
Morgan Potter  
Lydia Smith  
Amelia Tomkins

### Green-Black

Hayley Kuhn

### Red-White

Riley Chapuis

### Orange

Cole Andersen

### 1 Stripe Blue

Joann Michonski

### 2 Stripe Green

Carl Andersen  
Lance Bojarski  
Greg Bojarski  
Brendan Chapuis  
Tyler Hopkins  
Mason Lafleur  
Gerald LaMontagne  
Stacey Paziienza

### 3 Stripe Red

Javier Alvarez

Summer T Shirt

SALE!

\$5.00 off

karate

summer t's!

No discounts

# BBC

Please welcome our new  
Black Belt Club Members!

Ellie Morissette

Alexis Elkinson

Diego Alvarez

Watts Herideen-Woodruff

Kevin Li

Kim Nocera

Morgan Potter

Zacharias Taranto

\*\*Please be sure to bring your  
Black Belt Notebooks to class in  
case there are handouts to put in,  
or if you need to look at a  
requirement sheet.

## Happy September Birthdays!

Eric Bertram	Odilia Bieger	Greg Bojarski	Alex Boligan
Cassidy Chabot	Liam Champany	Kambryn Dexter	Seth Dootson
Connor Dunkley	Samuel Ennis	Lindsey Gillies	Madison Hopkins
Zachary King	Mason Lafleur	Ellie Morissette	George Neely
Stacey Paziienza	Francesca Pezza	Kate Poplasky	Paul Poplasky
Diego Rodriguez	Scott Selmecki	Blake Shippee	Gerald LaMontagne
Ethan Staples	Rick Vernon	Hayden Wink	

## Upcoming September Demos

September 8, 2012 5:00pm  
Putnam Family Day Demo  
Rotary Park

September 14, 2012 5:30pm  
Circle of Fun Demo  
St. Mary Church

September 22, 2012 1:00pm  
Positively Pomfret Demo  
Pomfret Community School

On September 15 Grandmaster Sgro will be here for a seminar. He will be teaching street combative and survival techniques. He is a missionary living in Guatemala with his family and runs Go ministries. His clinic runs from 10-11:30am.

There is no charge but we will take donations for his ministry  
<http://www.goministries.info/>

tumblr



YouTube

## All Tang Soo Do National Championships Results

Master Duethorn: 1<sup>st</sup> in Sparring, 2<sup>nd</sup> in Weapons

Kristen Finnemore: 1<sup>st</sup> in Sparring/ Weapons/ Forms

Derek Pomes: Grand Championships in Weapons, 1<sup>st</sup> in Weapons, 2<sup>nd</sup> in Sparring

Nick Vinal: 2<sup>nd</sup> in Sparring

Coleen Solitro: 2<sup>nd</sup> in Weapons/ Sparring

Kristine Enos: 1<sup>st</sup> in Weapons/ Sparring, 2<sup>nd</sup> in Forms

Stacey Paziienza: 1<sup>st</sup> in Weapons. 2<sup>nd</sup> in Sparring/ Forms

Gary Paziienza: 2<sup>nd</sup> in Forms

GREAT JOB EVERYONE!!  
Congratulations