

Martial Arts Times

January 2013 Quest Martial Arts

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January Dates:

- 1st: No Karate today! Happy New Year!
- 2nd: BBC Point Sparring 6:20pm
- 4th: GUP Graduation 6:30pm
- 5th: Tournament Team Kick Off 11:00am
(All welcome to Join!!!)
- 9th: BBC Street Clothes Class 6:20pm
- 11th: BBC Bo/Dagger Forms 6:15pm
- 12th: Tournament Team 11:00am
- 15th: Leadership Meeting 8:00pm
- 16th: BBC Forms Review 6:20pm
- 17th: SWAT Meeting 5:00pm
- 18th: BBC Bo/Dagger Forms 6:15pm
Fighting Chance Women's Self
Defense 5:30pm
- 19th: Master Valentin Tournament
(see Master Duethorn for Details)
- 22nd: Advanced Black Belt Class – 2nd Dan
& Up 7:00 – 9:00pm (No advanced Class.
Green Belts and Up Please attend 6:15 Beginner
Class)
- 23rd: BBC Self Defense Review 6:20pm
- 25th: Tournament Team 6:15pm
- 26th: Black Belt Review I - 9:00-Noon
Regular classes will be held. No BBC.
- 28th – 31st: Stripe Testing Week
- 30th: BBC Bo/Dagger Forms 6:20pm



Annual Awards Banquet

February 2, 2013!

5:30pm

- Awards
- Dancing
- DJ
- Contests and prizes

This is a great time to meet and socialize with other karate families, dress up, eat, and have a great time!

Deadline for tickets is January 21st. adults – \$30, children \$20 per ticket Includes full meal, dj, tax and tip

November Graduates

Orange Dragon

Michael Lowery
Cole Fontaine
Deidrea Hanshaw
Sebastian Hanshaw
Maxtin Hart

Blue Dragon

Jonathan Racine

Red Dragon

Michael Vander Schel

American Dragon

Talan Walker

Child Orange

Ella Chabot
Bridget Vezina
Isabella Alvarez
Kambryn Dexter
Kyle Pazienza
Gabriel Torrente

Jai Abrams

Orange Blue

Alyson Bunning

Child Blue

Adam Sekula
Ewa Sekula
Jack Adase
Mason Riquier
Cameron Seiffert

Aidan Stewart

Conor Stewart

Blue/green

Matthew Card

Child Green

Conor Taylor

Green/Red

Seth Dootson
Ethan Eckman
Alexis Elkinson
Zachary Willard
Joseph Monk
Ellille Morissette

Red White

Hayley Kuhn

Child Red

Riley Chapuis

Emma Durand

Jarod Martin

Red/Black

Tanner Clark

Jr. App Black belt

Aleya Wesler

Adult Orange

Spencer Hall

Erica Smith

Tristan Stedman

Green/Blue Stripe

Madison Hopkins

Adult Green (3 Stripe)

Cole Anderson

Emma Willard

Adult Green (2 Stripe)

Zacharias Taranto

Arielle Kippax

Adult Green (1 Stripe)

Watts Herideen

Tyler Hopkins

Mason Lafleur

Stacey Pazienza

Carl Anderson

Gerald LaMontagne

Brendan Chapuis

Adult Red

Greg Bojarski

Apprentice Black Belt

Harrison Frost

Students of the Month

Adult: Gary Pazienza

Teen: Harrison Frost

Child: Coby Babbitt

Dragon: Sierra Buisson



Women's Self Defense Class

January 18th, 2013 One night class covering various topics: how not to be a target, how to verbally defend yourself, and how to fight like a warrior when needed.

Everyone will get the opportunity to actually use the skills by the end of the class. This is not a lecture on self defense.... it is training to save your life. Please see Mrs. Duethorn with any questions. Open to females ages 13 and up. Class begins at 5:30. Cost \$75.00. Open to people outside of school.

QUEST Martial Arts Jackets!!

Now available in Children's sizes. BBC and MC discounts available.

\$50.00

BBC NEWS

Tournament Team- Kick Off January 5th. Sign up in the back of the Do Jang SWAT Meeting January 17th at 5:00pm

Please Welcome the Newest BBC Members!!

Paige Campbell
Rachel Salop

Congratulations to

David May And

Andrew Wink

On their promotion to Junior Black Belt!!

Need patches or trim on your uniform? Come see us at the front desk! Black Belt Mrs. Castonguay, does all of our sewing! (hems pants & sleeves, patches and trim on uniforms!) Go to the front desk in the lobby for more information/pricing.

Happy January Birthday!!!

Jeffrey Arends

Dahlia Coomey

Aaron Ferrante

Kaulman Lengyel

Mathew Regis

Aidan Bain

Judy Cote

Keira Giles

Dylan Martin

Alaina Salkiewicz

Zachary Bertram

Aidan Danburg

Chris Hayes

Jarod Martin

Connor Taylor

Nicholas Boligan

Sarah Fagan

Lynne Laliberte

Katelyn Norman