

MARTIAL ARTS TIMES

JULY 2013 QUEST MARTIAL ARTS

75 Railroad Street Putnam, CT 06260
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July Dates:

- July 1st - 6th: Karate School Closed
- July 6th: Annual Hot Dog and Fireworks 6:30pm
- July 10th: BBC Demo Team 6:20pm
- July 17th: BBC Demo Team 6:20pm
Costume Day!! Wear a costume to class today!
It's Superhero Week!!
- July 18th: Swim and Eat 6:30-7:30- Black Belts
No advanced or sparring class tonight. Green and Red Belts please attend the 5:45 class.
- July 19th: BBC and Buddy Day - Board Breaking! \$100 per board
- July 20th: Black Belt Pre-Test 9:30am
NEPS Demo, Woodstock Fairgrounds 12:00pm
- July 23rd: Leadership Meeting 8:00pm
- July 24th: BBC Demo Team 6:20pm
- July 25th: SWAT Meeting 4:45pm
- July 26th: BBC Water Fun - Squirt Gun and Water Balls
- July 29th - 31st: Stripe Evaluations
- July 31st: BBC Demo Team 6:20pm
- August 2nd: Graduation and Demo in Rotary Park 6:30pm

www.questmartialarts.us

CONGRATULATIONS!!!!!!

To KJN Bogdanski on his
Promotion to 8th Degree Black
Belt with the USGTSDA on
June 22nd!

And congratulations to SBN Duethorn on
her cross rank promotion to 5th Degree
Black Belt with the USGTSDA!!

We are all so lucky to work with such great Masters!



New Black Belts!!

- Alexander Boligan - 1st Degree
- Harrison Frost - 1st Degree
- Molly McKeon - 1st Degree
- Asa Bazinet - Junior Black Belt

Summer Raffle!!

Win tickets including for a chance to win Great Prizes!!

Student of the Month

- Dragon: Evan Odorski
- Child: Josh Salop
- Teen: Milton Letendre
- Adult: Robert Adonizio



USGTSDA Nationals

We had the largest group of competitors sign up for the USGTSDA Nationals! Way to go! Congratulations to all the competitors! Please make sure to email your results to KJN

Bogdanski. mbogdanski@questmartialarts.us

The results will be printed in next month's Newsletter

Summer Theme Weeks!!

- July 8-12 - Samurai Week with the Sword and Sai.
- July 15 - 19 - Board breaking and Superhero Week!
- July 22-26 - Super spy week.

Upcoming Events

FAST Self Defense Class August 5th.
Watch for Specialty Karate Camps
this summer with SBN Duethorn!!



Karate school will be
closed the week of
July 4th. Gym is Open.

Come join us for our annual hot dog
cookout and Fireworks on July 6th at
6:30pm!! Sign up is in the Do Jang.
Please bring a dish to share!!

BBC NEWS

SWAT Meeting: July 23rd 4:45pm

Leadership Meeting: July 25th 8:00 pm

Please welcome our newest Black Belt Club
Members:

Sophie Griffin

Annie Griffin

Abby Card

Matthew Card

Get BBC info online to join!

EVERYBODY WINS

As a fun incentive, we have rewards for all
students who participate in the "Everybody
Wins" campaign (Our Referral Program).
Listed below are the great things you can
win if the students you refer sign up for
classes (a 12 month membership).

First Person - \$25.00

Second Person - \$35.00

Third Person - \$50.00

Happy July Birthday!!

Olivia Cunha	Zach Davis
Brendan Freyer	Watts Herideen
Stephanie Kachuk	Michael Lowery
Phyllis Martin	Eric Nocera
Gary Pazienza	Chris Poettgen
Zachary Rainville	Zach Taranto
Denise Wesolowski	Zach Wesolowski

What's Going On!!

Please sign up for Demo Team (in the book). You must be a
BBC member to join.

Private Lessons Available! See SBN Duethorn if you're
interested!

Kick of the Month - Crescent Kick. Remember to
download your curriculum sheets from the website.

questmartialarts.us

Our Online University for downloads and videos.

Know the Warning Signs

A culture of silence often surrounds bullying. Many
children who are bullied never tell anyone.

Most bullying is not reported because children . . .

Don't recognize it as bullying

Are embarrassed

Don't want to appear weak

Believe they deserve it

Want to belong

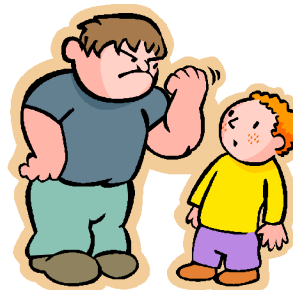
Fear retaliation

Don't know how to talk about it

Don't have a trusted adult to confide in

Think adults won't understand

Think nothing can be done about it



Parents!!

Are you receiving the weekly emails? If not, see the front desk associate to sign up or register on the website!
Need a gym Membership? We have many options including **24 Hour Access!** See the front desk associate if
you're interested!!

Women with boys need to use the family restroom for changing. There are to be **NO** boys over 3
years old in the ladies room and **NO** girls over 3 years old in the men's room. Please use the family
bathroom. Thank You

May GRADUATES

Orange Tiger

Brooke Fontaine

Orange Dragon

Vincent Adonizio

Kierra Brunnett

Hannah Person

Sawyer Britt

Blue Dragon

Julian Escobar

Green Dragon

Sebastian Hanshaw

Child Orange

Evan Antonson

Stephanie Kachuk

Rane Kachuk

Conner Mcleod

Keegan Mcleod

Child Blue

Kyle Pazienza

Blue/Green

Aidan Danburg

Evan Odorski

Green/White

Deidrea Hanshaw

Alaina Salkiewicz

Green

Sabrina Berard

Abby Card

Matthew Card

Annie Griffin

Sophie Griffin

Zachary Rainville

Zachary Wesolowski

Green/Black

Paige Campbell

Seth Dootson

Christopher Martineau

Joseph Monk

Rachel Salop

Red/White

Alexis Elkinson

Ellie Morisette

3 Stripe Red

Watts Herideen

Apprentice Black Belt

Hunter Campbell

Christopher Claprod