

Martial Arts Times

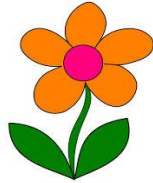
April 2014 Quest Martial Arts

Work Out Month!!!

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www.questmartialarts.us

April Dates:



- 2nd: BBC Tournament Prep 6:20pm
- 4th: Tournament Team Pep Rally 6:15pm
- 5th: No BBC
New England Championship
- 9th: BBC Mass Attack Class 6:20pm
- 11th: BBC Self Defense Review
6:15pm
- 12th: BBC Grappling 11:00am
USG Women's Training 12:00am
Amkor Tournament
- 16th: BBC Forms Review 6:20pm
- 18th: BBC Grappling Basics 6:15pm
- 19th: Tournament Prep 11:00am
- 21st: Stripe Evaluations
- 22nd: Happy Earth Day!
Stripe Evaluations
- 23th: BBC Point Sparring 6:20pm
Stripe Evaluations
- 25th: GUP Graduation 6:30pm NO BBC
- 26th: Child and Adult Class
BUDDY DAY!
- 30th: Grappling Class BBC 6:20 pm
Coming May 10 – A SUPER Seminar -
Chuks

2014 Tang Soo Do Championship Results:

SBN Duethorn: 1st in Sparring, 2nd in Bo, 2nd in Dagger
Derek Pomes: 3rd in Sparring, 1st in Bo, 2nd in Chil Sung
and Traditional Forms
David Pomes: 2nd Bo, 1st Traditional Forms
David May 1st in Sparring, 1st in Bo, 2nd in Breaking
Nicolas Boligan: 3rd in Breaking
Alexander Boligan: 2nd in Sparring, 1st in Bo
Coby Babbitt: 3rd in Sparring
Dheric Seney: 2nd Sparring
Julia Gilloran: 2nd in Sparring, 1st in Bo, 2nd in Breaking
Scott Selmecki: 2nd in Bo, 1st in Forms, 2nd in Breaking
Coleen Solitro: 3rd in Bo, 2nd in Breaking
Molly McKeon: 3rd in Sparring, 2nd in Forms, 1st in
Breaking
Mike McKeon: 1st in Sparring, 1st in Bo, 2nd in Forms, 3rd
in Breaking
Aleya Wesler: 2nd in Sparring, 3rd in Forms, 3rd in
Breaking
Olivia Cunha: 2nd in Board Breaking
Alexis Elkinson: 3rd in Sparring
Abby Card: 1st in Sparring, 2nd in Board Breaking
Watts Herideen: 2nd in Board Breaking
Keenan LaMontagne: 1st in Breaking
Gerald LaMontagne: 1st in Sparring, 2nd in Forms
Sophie Griffin: 2nd in Sparring, 1st in Bo, 3rd in Forms
Annie Griffin: 2nd in Bo
Jeffery Gibbs: 3rd in Board Breaking

Congratulations!

PARENTS!!

Are you receiving the weekly email? Stop by the front desk or
sign up at questmartialarts.us to sign up.

February Graduates

Tiger

Jayne Albury

Orange Tiger

Mason Steele

Orange Dragon

Owen Rigney

J-Veion Teeter

Skylar Dubois

Green Dragon

Samuel Desmond

Chimairan Rochette

Blue Dragon

Evan Rawson

Yellow

Chiara Cinque

Ben Gordon

Orange

Jamiel Andujar

Dylan Bemis

Sebastian Hanshaw

Autumn Taylor

Orange/Blue

Joshua Bonin

Grace Colangelo

Alec Rawson

Isabella Selmecki

Green/White

Sadie Bergeron

Ian Stone

Tucker Trahan

Green

Evan Antonson

Kyle Pazienza

Green/Black

Deidrea Hanshaw

Adult orange

Doug Ryan

Blue

Joe Andujar

Emily Colangelo

Red

Seth Dootson

Jr Apprentice

Melanie Pazienza

Coby Babbitt

Students of the Month

Adult: Doug Ryan

Teen: David May

Child: Seth Dootson

Dragon: Evan Rawson



Class Opening Etiquette

- Charyut (Attention)
- Kukki Ba Rae (Salute the Flag)
- Muk nyum (Moment of Meditation)
- Baro (Return). Bow to instructors- i.e. Kwan Jang Nim/Sabom Nim/Ko Dan Ja/Kyo Sa Nim (Instructor Titles)
- Ke Kyung Yet (Bow)

Earth Day

We are looking for volunteers to do some earth day cleaning on Saturday May 3. Report in at noon please.

A note from Master Bogdanski:

I want to recognize Mr. Manny Selmecki for his actions at the school tournament. He brought me one of his boards to exchange. It had a crack in and he did not want the advantage in the breaking competition. No problem - he won a gold medal anyway. That's the way we show our integrity in Tang Soo Do! Well done Mr. Selmecki.

BBC NEWS!

SWAT Meeting:

Leadership Meeting:

Please welcome our newest BBC

Members:

Adriana Anderson

Joshua Salop

Kevin Filchak



Remember to download your curriculum sheets along with many other downloads and videos from our Online University!

questmartialarts.us

Coming May 10- Super Seminar on Chuks!



Congratulations to all the Quest school tournament participants and winners!

Happy April Birthday!!

Jack Adase

Chris Desmond

Sebastian Hanshaw

Colton Sallum

David Salisbury

Coby Babbitt

Kristen Finnemore

Katlynn Morrison

Dheric Seney

Tucker Trahan

Gabe Bourget

Lee Gendron

Gary Powell

Patrick "Professor" Sullivan

Zachary Willard

Abby Card

Deidrea Hanshaw

Ian Rawson

Alishia Thompson